

# ZeoBent MED® Instructions for use

## ZEOBENT MED® – LIVER RELIEF THROUGH DETOXIFICATION OF THE INTESTINAL TRACT THROUGH THE BINDING OF MERCURY, LEAD, CADMIUM, ALUMINUM, AMMONIUM AND HISTAMINE

Zeobent MED®, a natural medical product, is a mixture of the indigestible, pollutant-binding natural minerals zeolite (clinoptilolite) and bentonite (montmorillonite). Zeobent MED® unites the mutually beneficial active properties of both of these SiO<sub>2</sub>-rich natural minerals.

Natural clinoptilolite-zeolite possesses a high selective adsorption ability as well as molecular sieve functions against various pollutants and is therefore suitable for detoxification.

Montmorillonite-bentonite has the ability to bind various pollutants to its surface and layer interstices. It is swellable and, upon oral administration, builds a thin montmorillonite gel protective film. This gel protective film coats the mucous membrane of the stomach and intestines, whereby the adverse effects of disease-causing factors can be reduced and the nerve endings of the stomach and intestines calmed.

Zeobent MED® can be used daily for the whole family as a natural, biological regulator for health protection through the prevention and alleviation of symptoms whose causes trace back to exposure to pollutants.

This natural medical product can bind to pollutants in the gastrointestinal tract like a sponge and draw them out of the body by natural means. The pollutants that bind to Zeobent MED® are naturally excreted with stool via the intestines without burdening the metabolism. Through the binding (adsorption) of:

- Heavy metals (mercury, lead, cadmium)
- Aluminium
- Ammonium
- Histamine

Zeobent MED® can be used for liver relief through detoxification of the intestinal tract. The natural montmorillonite gel layer from bentonite works to protect the mucous membrane of the intestinal tract.

### AS A PROPHYLAXIS

In preventive care, one considers every measure that can inhibit or slow down an impairment to one's health (illness, injury) or reduce the likelihood of it occurring.

Prevention is the best medicine. Zeobent MED® can bind unwanted pollutants already in the digestive system even before they are taken in by the body, and thereby help to avoid illnesses that are associated with increased pollution.

### FOR ALLEVIATION

The enrichment of toxic, active metals like mercury, lead, cadmium, aluminum and other substances like ammonium and histamine can be the cause of a variety of chronic illnesses. The pollutant-binding and cleansing qualities of Zeobent MED® along with its ability to protect the mucous membrane allow it to be used therapeutically as necessary

or as an accompaniment to therapy, particularly for increased exposure to histamine and histamine intolerances such as allergies, gastrointestinal tract illnesses, liver malfunction or increased strain on the liver through ammonium compounds.

### ZEOBENT MED® + PSYLLIUM

A natural medical product for liver relief through detoxification of the intestinal tract through the binding of mercury, lead, cadmium, aluminum, ammonium, histamine. Conditioned by their large swelling capacity, psyllium seed husks are mechanically effective laxatives which thus aid the effect of zeolite and bentonite.

#### Indian psyllium seed husks – a natural fiber for intestinal cleansing

For the support of natural digestion and facilitation of intestinal health, psyllium seed husks are becoming more and more popular. As a purely vegetable foodstuff, they deliver a high content of easily digestible mucilage with an excellent swelling capacity for a cholesterol-conscious and fiber-rich diet. When coming in contact with water, the finely ground psyllium seed husks swell, leading to a substantial increase in the volume of the intestinal contents, whereby stimulation of the intestinal wall is increased, peristalsis strengthened and defecation eased. Because of its stool-softening effect, Indian psyllium seed husk powder can contribute to intestinal cleansing for a more pleasant intestinal passage and regulation of bowel movements.

### DOSAGE AND DURATION

#### Zeobent MED® Powder

Contents: 80% clinoptilolite-zeolite, 20% montmorillonite-bentonite

Unless prescribed otherwise by your doctor, please use for a limited period (e.g. 40 days) and begin gradually by easing in with 1 time daily use: stir 1 slightly heaped teaspoon (3g) of powder in approx. 250ml water and drink at meal times. Usage can gradually be increased to 2 times daily, with a maximum of 3 times daily, as necessary.

#### Zeobent MED® ultrafine powder

Contents: 50% ultra-fine clinoptilolite-zeolite, 50% montmorillonite-bentonite

Unless prescribed otherwise by your doctor, please use for a limited period (e.g. 40 days) and begin gradually by easing in with 1 time daily use: stir ½ teaspoon (1g) of ultrafine powder in approx. 250ml water and drink at meal times. Usage can gradually be increased to 2 times daily, with a maximum of 3 times daily, as necessary.



## **ZeoBent MED® Capsules**

Contents: 50% ultra-fine clinoptilolite-zeolite and 50% montmorillonite-bentonite in 500 mg cellulose capsules

Unless prescribed otherwise by your doctor, please use for a limited period (e.g. 40 days) and begin gradually by easing in with 1 time daily use: take 1-2 capsules with approx. 250ml water at meal times. Usage can gradually be increased to 2 times daily, with a maximum of 3 times daily, as necessary.

## **ZeoBent MED® + Psyllium**

Contents: Powder mixture of 40% clinoptilolite-zeolite, 10% montmorillonite-bentonite, 50% organic psyllium seed husk powder

Unless prescribed otherwise by your doctor, please use for a limited period (e.g. 40 days) and begin gradually by easing in with 1 time daily use: stir 1 slightly heaped teaspoon (3g) of powder in approx. 250ml water and drink at meal times. Usage can gradually be increased to 2 times daily, with a maximum of 3 times daily, as necessary.

## **REGULARITY, RHYTHM AND TIMES OF USE**

Regularity of use influences effectiveness, whereas interruptions can minimize it. In the following list, simply find appropriate time windows that work for you. According to Karl Hecht, Dr. med. Dr. med. habil., professor for neurophysiology and professor em. for experimental and clinical pathological physiology at the Institute of Physiology - Charité at the Humboldt University of Berlin, the following daily chronobiological times are recommended for internal use on humans:

6am – 8am

1pm – 3pm

6pm – 8pm

for overnight use:

10pm

## **INTERACTIONS WITH OTHER MEDICINES**

After ingestion of medication, a space of at least two hours should be observed.

Do not use simultaneously with alcoholic, caffeinated or acidic drinks such as grapefruit, orange, lemon or pineapple juice.

## **SIDE EFFECTS**

In rare cases constipation can occur as a result of low fluid intake. This effect is dependent on dosage and can be avoided through adequate fluid intake and dosage reduction. In the occurrence of constipation, increase fluid intake, reduce dosage and, if necessary, consult your doctor. In rare cases bloating, stomach pain or nausea can occur from psyllium. This effect is often dependent on dosage and can be avoided through adequate fluid intake and dosage reduction. In the occurrence of bloating, stomach pain or nausea, increase fluid intake, reduce dosage and, if necessary, consult your doctor.

## **WARNINGS AND PRECAUTIONS**

ZeoBent MED® is not an alternative for persons suffering from allergies.

To support detoxification and regulation of processes, ensure that there is ample fluid intake when ingesting ZeoBent MED®, both when ingesting (0,25 liter water) and in terms of the daily ration (2–3 liters/day).

In the case of severe kidney function disorders (i.e. kidney insufficiency) ZeoBent MED® may not be taken.

In the case of a medical issue, reduced kidney function, pregnancy or breastfeeding as well as for use for children under 12 years, these medical products should only be used after consulting a doctor.

This medical product may not be inhaled or applied to the eye. In case of contact with eyes, wash out eyes adequately. Not to be used continuously over long periods of time.

Discontinue use if you notice unusual effects.

## **STORAGE AND USE**

Keep product out of the reach of children under the age of six. Always close package after use.

Store this product in a dry place at room temperature.

The expiration date is printed on the back of the package. Do not use this product after its expiration date.

## **INSTRUCTIONS FOR DISPOSAL**

Contents and packaging can be disposed of with household waste. Violet glass jars should be placed in the green class container.

## **MEDICAL PRODUCT MANUFACTURER**

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